

Created for Westin by

RUNNER'S WORLD magazine



1 mile = 1.6 kilometers

WESTIN **WORKOUT**[®]
WORKOUT

3.3-MILE ROUTE:

1. Exit the Westin, and follow path to the left. **2.** Cross over pedestrian bridge to South Coast Plaza. **3.** Turn around at end of bridge, and follow path back toward the hotel. Veer left at the South Coast Repertory (SCR). **4.** Go around SCR and turn right on Town Center Dr., which is in front of the Performing Arts Center. **5.** Make a left at Ave. of the Arts. **6.** Turn right on Sunflower Ave. **7.** Continue east on Sunflower past the Enclave Apartments. **8.** After crossing Anton, turn right and take the sidewalk south around Enclave Apartments. **9.** Continue on Anton as it curves east and back to the hotel.

5.5-MILE ROUTE:

1-8 above. **9.** Turn right on Sakioka Drive and go around the field 4 more times before continuing on Anton back to the hotel. (The perimeter of the field is exactly 1 mile.)

Disclaimer Notice As a courtesy to our guests the attached running/walking course map identifies distances and routes created by using an independent outside mapping source. This map was not created by the Hotel. The identified routes are on City public streets and ways. As the Hotel has no direct or indirect control over public areas we urge you to use common sense for your own safety and security. The Hotel in no way guarantees the safety or condition of the identified routes. Use of this map is at your own risk. Please observe all rules and posted signs and warnings, including traffic signals.